

Section - 3

Q. 2 -> Write the short notes on the following
1. Sensitivity Training
2. Quality of Work Life

Ans:- 1. Sensitivity Training:- Sensitivity training is a form of training with the goal of making people more aware of their own goals as well as their prejudices and more sensitive to others and to the dynamics of group interaction.

- Importance of sensitivity training
- ① It creates a better interpersonal relationship between a group.
 - ② Diversity leads to a better understanding of the sensitivity training meetings.
 - ③ Helps individuals to get an insight into others so that they could observe learn and rectify their behaviour.

2. Quality of work life:- Quality of work life can be defined as the total quality of an employee's work-life at an organisation. When the quality of work life is stable, productivity is bound to increase. So does the level of employee retention.

