

## SECTION-2

2

Differentiate between happiness and prosperity. Justify the contrast b/w the needs of body and need of self. What is Swatva and Swatantrata.

Happiness →

1 Happiness is the state of human relationship.

2 Happiness is the feel of having trust, respect, confidence, etc.

3 Happiness describe in which we experience positive emotion or goodwill.

Prosperity →

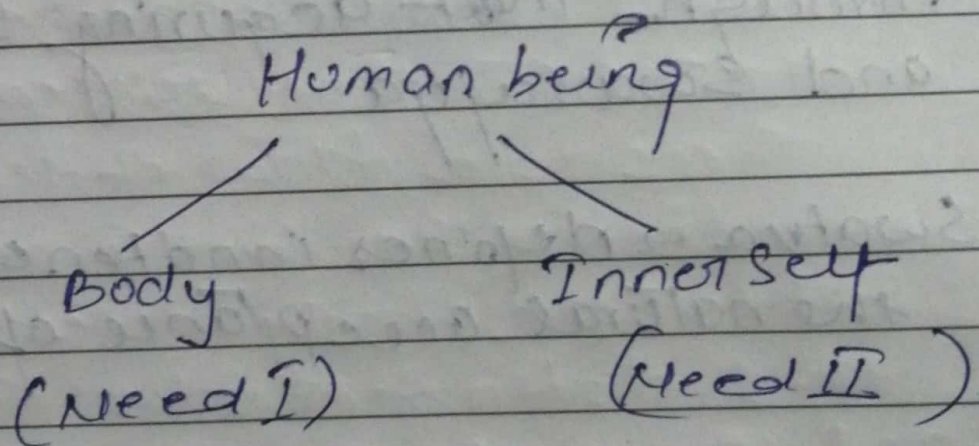
1 Prosperity is that state of having economic well being or making more than that.



2 prosperity is the feeling of having wealth and more physical facilities

5 It also described as their wealth as well as happiness.

10 Contrast b/w the needs of body and need of self



20 Suvidha →

It implies that it is looking for physical comforts and all the sources of attaining such comforts -

When body needs some comfort level. For ex → Air conditioner

25 Different people have a different perception or Suvidha.



Date / /

Sukh - The beauty of Sukh is that it is a holistic and all encompassing state of the mind that creates inner harmony.

What is Swatva and Swatantrata

This process of self exploration help us to identify our Swatva and through that acquiring Swatantrata and Swarajya

Swatva → defines innateness of Self the natural acceptance of harmony

Swatantrata means being self organised - being in harmony with oneself

Swatva → Swatantrata

The Swatva is already there in each one of us. We attain Swatantrata enabling us work for Swarajya.

living in contradiction means we are not self-originated and living with pre-conditioning where we have assumed certain things. have accumulated desire without having first evaluated them. It means we are *pantatra*.

On the other hand we identify our innateness, what we really want to be and establish it. it enables us to start living with his harmony.