

Section-5

Q4

Ans. →

Trust - Trust is the foundation value in all relationships. It is absolutely important.

- Trust is created by own behaviour, our own value systems and responses. We have to expose it within ourselves.
- Trust is a mental state in which we presume that the other person will honestly fulfill the promise they have made.
- People around us want us to work towards the happiness and prosperity of others.
- In other words, trust is established towards our fellow human beings when we have the right understanding of intention of people around us.
- We feel threatened or afraid of people who could possibly deny us our happiness and peace of mind.

• These are two aspects of In touch :-

- (a) Intention (wanting to our natural acceptance)
- (b) Competence (being able to do)

* Love :-

• The feeling of being related to all is love (or prema)

• This feeling or value is also called the Complete value (Purna mulya), since this is the feeling of relation relatedness to all human beings.

• It starts with identifying that one is related to the other human being (the feeling of affection). & it slowly expands to the feeling of being related to all human beings.

• The feeling of love leads to an Undivided Society, it starts from a family & slowly expands to the world family. Every human being has natural acceptance for relatedness upto the world family in the form of love.

- We start with trust, which becomes foundation for being related to one (affection), and we reach the state of being related to everyone-love.