

Ans 2) e)

① Pleasure from sensations is short-lived because it only caters to our bodily needs, which are temporary by nature.

② For example, if we like to eat chocolates, we might eat them regularly.

③ Soon, we might start eating them every day because our happiness depends on satisfying our desire to eat chocolates.

④ And if one day, we are not able to eat chocolates we start feeling unhappy and very upset.

⑤ This shows that a desire that depends on bodily needs will definitely make us unhappy after a stage.

⑥ The needs of all these senses are temporary by nature, whereas the needs of the self are continuous.

⑦ To test the need of the self, we only need to ask ourselves, when do we want happiness continuously or not.

⑧ The most obvious answer is we want happiness continuously.

⑨ If the source of our happiness is temporary, there is no way that we can satisfy our need for continuous happiness.