

SECTION: - 4

- Q1
Ans ① When our activities are not guided by our natural acceptance then they are guided by Preconditioning and sensation.
- ② Preconditioning means we have assumed something about our desired on the basis of Preexisting notion about it we have not verified the desired in our own right.
- ③ Sensation is a perception associated with stimulation of a sense organ or with a specific body condition - the sensation of heat and visual sensation.
4. Conflicts in 'I' as a Result of Preconditioned Desires:-
- i) We have not verified the desired thoughts and expectations in us on the basis of our own natural acceptance. The thoughts they give rise to, are also in conflict and in turn, the selection from the thoughts are also in conflicts.
 - ii) This conflict affects us in different manners:-
 - a) wavering aspiration; our goal keep shifting as the inputs from the outside also keep changing.

b) Lack of confidence! - Since our desires are shaky, we are not sure about them.

c) Lack of qualitative improvement in what we found largely on fulfilling ~~an~~ the needs of the body. As a result, we live with a sense of lack of fulfillment.

d) State of resignation! Because we do not understand ourselves properly and have contradictions within we slowly start getting disillusioned.

5. Short lived nature of Pleasure from sensations!

i) The Pleasure obtained from sensations is short-lived.

ii) The external object is temporary in nature the contact of the external object with the body is temporary in nature.

iii) Therefore, if the source for our happiness is temporary by definition then our need for continuous happiness will ~~never~~ never be fulfilled.

iv) we operate largely on the basis of the environment, driven from the outside - either from sensations, or based on preconditioning.