

Q.2

Ans:-

Self Exploration:-

1. Self exploration is the process to find out what is valuable to me by investigating within myself, what is right for me, true for me, has to be judged within myself.
2. Through self exploration we get the value for our life. We live with different entities and we want to understand our relationship with all these.
3. For this we need to start observing inside. The main focus of self-exploration is myself the human being.

\* Basic Aspirations:-

1. Happiness:- Happiness results from a variety of feelings that are effortless and come naturally to us.
2. Trust, Honesty, respect, confidence, etc., are feelings that we ~~love~~ welcome with open arms at all times.
3. Thus, happiness is a state where there is harmony all round.

## Prosperity :-

6

1. it is clear that prosperity is linked to material possessions or physical facilities.
2. All the physical things we need to take care of our body ~~is~~ needs constitute these physical facilities.
3. Once, we have enough of these physical facilities, we feel prosperous thus, prosperity is the feeling of having more than enough physical facilities.