

## Section-4

Q2) What is the role played by self exploration in achieving our basic aspiration i.e, happiness & prosperity.

Soln

Self-Explanation:

- self-exploration is the process to finding out what is valuable to me by investigating within myself, what is right for me, true for me has to be judge within myself.
- Through self exploration we get the value of our self. we live with different entity & we want to understand our relationship with all these.
- For this we need to start observing inside. The main focus of self explanation is myself - the human being.

Following are the basic aspirations of human being:

1. Every Human Being aspires to be happy. All his effort are toward this end. The outcome from his effort depends on the focus of the effort, specifically on his notions about happiness.
2. When these actions are right, the outcome is mutual happiness. When the notation are wrong, the outcome is unhappiness.

Page:

Date: / /

3. At the level of society, individuals aspire to ensure harmony & integration among four level - Individual, family, Society & Nature.

4. The basic root of all our aspirations & the resulting actions are continuous happiness & prosperity.