

Section-5

Q-4 Trust is the fundamental value :-

- 1.) Trust is the fundamental value in all relationship. It is absolutely important. Trust is created by our own behaviour, our own value systems and responses. We have to explore it within ourselves.
- 2.) Trust is a mental state in which we presume that the other person will honestly fulfill the promises they have made.
- 3.) People around us want us to work towards the happiness and prosperity of others.
- 4.) In other words, trust is established towards our fellow human beings when we have the right understanding of the intention of people around us.

• Love is the complete value :-

- 1.) The feeling of being related to all is love (or prema).
- 2.) This feeling or value is also called the complete value (Purna unnya). Since this is the feeling of relatedness to all human beings.

3) It starts with identifying that one is related to the other human being (the feeling of affection) and it slowly expands to the feeling of being related to all human beings.

4) We start with trust, which becomes foundation for being related to one (Affection), and we reach the state of being related to everyone - love.