

SECTION - 2

Q2 Content of value Education:

1. The content of value education must include:

(i) All dimensions: Thought, behaviour, work, and realization

(ii) All levels: Individual, family, society, nature, and existence of human living.

2. It must have clear understanding of each of these and their inter-relationship i.e., harmony underlying all of them.

3. The process of value education has to be that of self-exploration, and not of giving sermons or telling dos and don'ts.

- Whatever is found as truth or reality may be stated as proposal and has to be verified at the own sight.

- It is the process of dialogue between 'what you are' and 'what you really want to be.'

- It is a process of knowing oneself and through that knowing entire existence.

- It is a process of self-exploration helps you to be in harmony within yourself and in harmony with everything around.