

ng) Psychoanalysis is a comprehensive theory of personality. It provides a rich conceptual framework for understanding personal development through the life cycle, the complex workings of the human mind, and psychopathology. Psychoanalysis is also a procedure, a method of studying the mind and a form of psychotherapy.

Psychoanalytic theory separates the human psyche into three forces: id, ego and super ego. Id: The Id is responsible for primitive drives and urges operating on the pleasure principle, the id avoids tension and seeks pleasure. It is also referred to as the unconscious.