

Section B

1. Explain the need of Value Education.
2. What are the basic norms of Values Education?
3. Describe the process of Value Education.
4. What is self-exploration? What is the need of self-exploration?
5. Describe the concepts of “Happiness” and “Prosperity” with suitable examples.
6. Explain the methods to fulfill Human Aspirations.
7. Bring out the difference between “belief” and “understanding”, with example.
8. Three things are needed in order to fulfill basic human aspirations – right understanding, right relationship and physical facilities. Explain meaning of each one of these.
9. Write a short note on the need for Value Education in today’s scenario.
10. What do you mean by a value in relationship? How is it fulfilled?
11. How can people be weaned away from substitution and beliefs based on untruth?
12. Comment on the statement “All improvement in society begins with the education of the young”.
13. Distinguish between “Education in values” and “education in skills”. Which one is more important?
14. Name the values which are called as “Foundational Value” and “Complete Value”. Define both these values.
15. What are the basic Human Aspirations? Explain.
16. Differentiate between prosperity and wealth with examples.
17. Explain briefly the importance of value based education for the proper development of a society.
18. Explain the concept of co-existence of self and body.
19. Describe all body needs and self needs.
20. Classify the activities of self and activities of body, and activities of self and body.
21. “Our body is an instrument of self”. Explain.
22. What is self-understanding? Why is it necessary?
23. What the causes are of self-conflicts.
24. Describe the effects of pre-conditioned desires, thoughts and selection.
25. What is the solution to gain ever lasting happiness?
26. What is the state of body and self?
27. What do you mean by the term “Realization” and “understanding”?
28. There are several problems manifest today at the level of individual, family society, and the nature. Identify some of these problems humans suffer from.
29. How human mind gets influenced or conditioned?
30. Differentiate between the activities of the Self and the Body on any two grounds.
31. “Human Being is the co-existence of the Self and the Body”. Explain this statement taking yourself as an example.

32. Suggest programs to ensure proper functioning of your body. Can we sustain them without right understanding?